Leentje Thorpe's session on: **Tūwhitia te hopo, mairangatia te angitū! (Feel the fear and do it anyway)**

(1) Susan David: The gift of emotional courage https://www.youtube.com/watch?v=NDQ1Mi5I4rg

(2) Tiffany Smith: The history of human emotions

https://www.ted.com/talks/tiffany_watt_smith_the_history_of_human_emotions?language=en

(3) Susan Cain: The power of introverts

https://www.youtube.com/watch?v=c0KYU2j0TM4